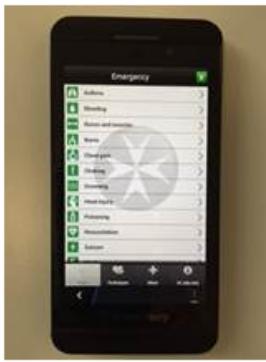


# Infrastructure Projects

## Southern: Safety Update

IP Southern Safety Update 16-01 dated 5 January 2016

### Downloadable First Aid App



St John Ambulance has created an app which provides useful first aid advice that you can use in an emergency. It is available for Android TM, Blackberry and iPhone mobile device users (including iPad). The app provides easy to follow advice on a range of first aid scenarios, including CPR, diabetic emergencies, choking and allergic reaction.

#### **What do you need to do?**

Simply go to the appropriate app store for your device and download the app (St John Ambulance) from:

- Android App at Google Play
- The App Store
- Blackberry App World
- Or the Network Rail App Catalogue

**Remember:** even a basic knowledge of first aid can be the difference between a life lost and a life saved.

Thanks to St John Ambulance and also to Dean Johns and Alice Richardson of Network Rail for bringing this app to our attention

