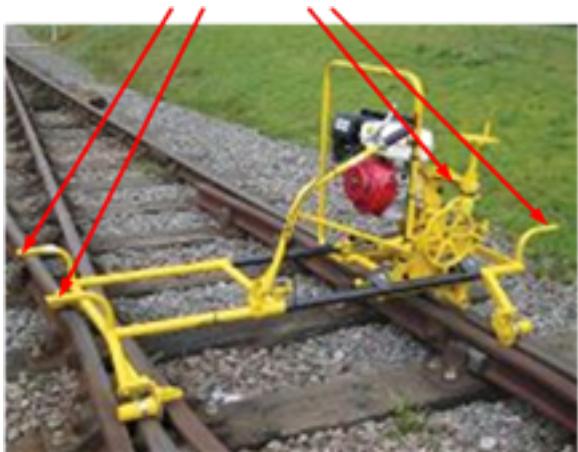


IP Southern Safety Update 16-03 dated 22 January 2016

ORR Prohibition Notice – MC3 Grinding Machine



During an ORR site inspection at Cardiff Delivery Unit, two-man lifting of an MC3 Grinding Machine (also known as the frog grinder) was observed. As a result, a Prohibition Notice has been served by the ORR on Network Rail concerning the manual lifting of this unit.

The unit weighs 110kg and is designed to be lifted by four people

using the handles provided. There is a risk of serious musculoskeletal injury if this unit is lifted by less than four people.

All IP Southern contractors and worksites are to comply with this Prohibition Notice with immediate effect.