

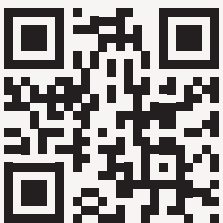
# Do You Have Integrity?

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## Do What Is Right - Not What Is Easy.

- **Do what you say** – Always staying true to your promises and commitments demonstrates integrity.
- **Honesty** – Being dishonest, even about the smallest thing, undermines integrity.
- **Moral Courage** – Sometimes communicating difficult news to a manager/colleague/friend takes courage. Not shying away from this shows integrity.
- **Consistency** – Being consistent in your thinking and behaviour demonstrates that you have strong moral and ethical principles that you always adhere to.

Remember you can call Validium for support on a variety of issues -  
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