

Validium provides support 24/7 over the Winter Holidays

validium.com



Support for emotional concerns



Guidance about a healthy lifestyle



Information on managing your money



Support with childcare/eldercare issues

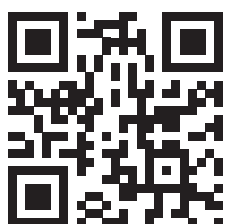


Help with legal matters



Manager Support Helpline

Remember you can call Validium for support on a variety of issues
– or go online at validium.com to check out vClub



0800 3 58 48 58

Outside UK: +44 141 271 7179

For online support join vClub at validium.com

Username: **NetworkRail**

Password: **onlinesupport**



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Service

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INCREASING WORKFORCE VALUE