



Infrastructure Projects Southern

Home Safe

The Southern Region's Weekly Safety Update

28 December 2016

Heads up

Whilst undertaking works at Pitter Fields, operatives required access to a structure; however, a contractor's car had been left underneath the structure. This was causing delays as they could not complete the task without access.

An operative attempted to use a ladder to get around the car and access the structure. While doing so, the ladder fell and hit the operative on the neck. Fortunately, he only suffered a minor bump and first aid was not required.

Lessons learnt...

Always make sure that any access or egress routes are safe. If it cannot be undertaken safely do not attempt to access/egress until it can be made safe.

Operational Close Call

Whilst installing a track panel at Queenstown road, a Kirow crane was attempting to line up two long bearers with the switch panel. During this operation, the front two wheels of the crane dropped off the end of the rails.

The crane reversed to pull the wheels back and the crane was able to continue work. There was no damage caused to the crane or the infrastructure.

Return to work briefings

Traditionally, we have seen an increase in the number of accidents following Christmas and New Year.

Last year we introduced Return to Work briefings and saw a significant fall in our accident rate. However, we still had 14 accidents in the three Periods after the New Year.

Everyone must take part in a Return to Work briefing prior to starting work. [You can download a copy of the briefing here.](#)



Click on the shield above to access our website

Are you aware of the risks around you?

A new safety video is available on the Southern Shield website and highlights the importance of being aware of the risks around you, particularly hidden danger.

The video centres on a story of John Kinns who was tragically killed whilst carrying out measurements on a bridge. John's tape measure blew and came into contact with a live overhead line. This follows a recent safety update on [working near overhead lines](#).

You can [watch the video here](#).



Stoke Hammond Bridge
Buckinghamshire, England

Don't forget to take a look at the video gallery that is now available on the [Southern Shield website](#). Videos include mobile device distraction and Kieran's story.

Contact us: shield@networkrail.co.uk

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Close Call it

Our statistics show that the more Close Calls we raise, the less accidents and incidents we have. However, over recent periods we are seeing fewer Close Calls raised. In one of our routes, we had an entire week without a Close Call being raised.

Please continue to raise Close Calls for anything you see that you feel is unsafe. Time Out Take Fives are a great way of taking a moment to assess your site or the task being undertaken, to spot anything that is unsafe. You can find more information on Time Out Take Fives in the [Southern Shield Charter](#).



Think...

Could you increase the number of Close Calls raised on your sites to prevent accidents and incidents so that your people get home safely?

10 ways to embrace winter



As you know, our mental health and wellbeing plays a large part in our overall safety. With the winter months upon us, there are a number of simple things we can all do to help improve our mental health and wellbeing during this time.

'10 ways to embrace winter' is now available on the Southern Shield website under the Health and Wellbeing section. Tips include acting on your resolutions, getting some sun, seeking social support and avoiding binge drinking. [You can find a copy of the guide here](#).

Two burst hoses

A Quattro RRV carrying out works at Waterloo Station suffered an oil leak of around 20 litres due to a burst hydraulic hose. Spill kits were used to clean up the spill and an on call fitter attended site to replace hose.

Whilst unloading a lorry at High Bruise Station, it was identified that one of the hydraulic supporter legs was leaking oil. The oil was collected by the spill kits on site and the area made safe. A fitter attended site and repaired the burst hose. The contaminated spill kit has been removed for quarantine and a new spill kit put in its place.

Remember...

Always ensure spill kits available on site to prevent delays and report any spills as environmental incidents.

Other incidents in Southern

Waterloo Suburban: During relay room recovery work at Waterloo Station, Signal W59 was recovered in error. The fault was only identified when the Signaller at Wimbledon ASC was unable to set a route for trains from Platforms 11 to 13 at Waterloo.

The signal was put back to the correct wiring and tested, to allow normal operations. This incident has been reported as an Operational Close Call.

Promise and request at Redhill Station

Over the last few months, Bam Nuttal have been rolling out the Network Rail 'Promise and Request' initiative.

Promises include thanking people for their suggestions, investigating concerns and feeding back the outcome of any concerns that are raised. In return, anything of concern should be reported, we must speak up if we see something that is unsafe, listen when people challenge us and follow the Lifesaving Rules.

Bam Nuttal have installed boards on site to give operatives the chance to make suggestions for local improvement and include both 'what you said' and 'what we did' columns to feedback what is being done.

