



TAKE 5 FOR SAFETY

Before, during and after a task

Before:

- Think through the steps of what you will be doing
- Identify any risks within your work area and make sure they are controlled before starting

During:

- Ask yourself – do I feel safe doing this task?
- Are others around me working safely?

After:

- Observe the work area
- Reflect on the task – can any better every day improvements be made?

Connect/Take5



#Take5