

IMDM INNER

Title: Slip, trip and fall accidents

Injuries: Multiple.

Incident

Over the last few weeks there have been a number of slip, trip and fall accidents which have resulted in a variety of injuries, ranging from sprains through to muscle damage and in our latest accident, suspected chipping of a bone in the shoulder.

On the 13th of June at 10:05 between Hampton Court Junction and Thames Ditton, a member of a P-Way team who had finished carrying out distant look out duties was carrying a lookout kit whilst walking in the wide way. He caught his foot on the wooden edging of a walkway. This caused him to fall forward striking the ground with his face sustaining a minor injury to his chin. He put out his hand to break the fall, sustaining bruising and minor skin abrasions to his right elbow and forearm, as well as suspected damage to a bone in his shoulder.

On the 30th of May at 02:45 at West Byfleet, a member of P-Way staff was accessing the track from an access gate at West Byfleet station car park on the down side. The walk way access to the track is constructed of steel plating screwed to wooden sleepers. Compounded by wet weather, the sleepers had become very slippery accentuating the risk of slipping. The member of staff slipped on the sleeper twisting his right ankle.

On the 23rd of May at 02:45 at Epsom, while walking in the 6ft between the Up & Dn Epsom Lines adjacent to 840B Points, an S&T Team Leader caught his foot on a points heating cable which caused him to trip and stumble. The IP felt initial discomfort in his back and left knee which increased to pain over the next few hours.



Discussion Points:

The design and state of the infrastructure is a permanent underfoot condition hazard.

- Remain focussed whilst walking; there is a natural tendency to lose focus when a task is complete.
- Do you have sufficient lighting during hours of darkness?
- 'Take 5' during briefings and change of activities.
- Report exceptional infrastructure hazards using the Close Call system