

## WORKS DELIVERY

### Lost Time Accident: Forehead struck by flying object.

#### Incident.

IP was working within a preparation shift for a rail delivery at Rowlands Castle. During proceedings IP had an accident involving a rail saddle.

The work for the night was to clear ballast and protect cables in readiness for a delivery. The cables were to be lowered into the ballast cribs or saddles placed onto sleepers therefore allowing the rail to pass clearly over the top of any cables or equipment secured in the immediate area.

The IP placed a trolley onto the down fast line with saddles atop, the saddles had been stored stacked on top of each other.

The group then pushed the trolley through site lowering cables and distributing the saddles where required. At a location that required a rail saddle, the IP picked up a group of three that were stuck together.

He attempted to pull the saddles apart but was unsuccessful, he then picked up the stack and dropped them against a sleeper to try and break them apart. The top saddle from the stack bounced back up, striking him on the forehead above his right eye, this was between his safety glasses and hard hat.

The IP sustained a cut to his forehead requiring first aid, the team made their way back to the welfare vehicle to clean the wound. The IP was then taken to hospital where the wound cleaned and bandaged.



#### Lessons Learnt.

- Always TAKE 5 when doing tasks that do not fit the normal process.
- Never drop plant or equipment under similar circumstances.
- If necessary use a bar to break the seal.
- If in doubt seek advice.