

## IMDM OUTER

Staff Accident: Twisted Ankle using Access Steps  
Injury: Tissue Damage to Right Ankle

### Incident

On Thursday the 11th March, in preparation for the work, a LOSC was carrying a stressing ram down a set of steps to the track at Vaggs Lane access point on the BML2.

On reaching the last step of the last tier the IP turned his ankle which resulted in a sprain and tissue damage.

The access point consists of 3 flights of stairs with landing points, which were lit by temporary lighting.

The IP had received a full site safety briefing at the start of the shift.

The individual was wearing a pair of "Rigger boots" and acknowledged he was aware this type of boots does not offer Metatarsal protection and ankle support.



### Lessons Learnt

- Mechanical means should be used to transport equipment to site whenever possible
- Suitability of access points should be considered at planning stage
- Be aware of your limits and seek assistance if required
- ENSURE the correct safety footwear is being worn.

The Network Rail PPE standard NR/L2/OHS/021 states: **Rigger boots do not meet the requirements for ankle protection and shall not be used.**