

## Sleepers treated with Creosote



Some of our staff have recently been exposed to creosote when they were manually handling some sleepers whilst only wearing short sleeved PPE.

**Creosote is classed as a High Hazard and is Toxic**



### Action to be taken

When handling wooden sleepers make sure that:

1. You use the sleeper nips to move the sleepers into & out of the bed
2. Protect your hands with gloves
3. Keep your skin covered at all times
4. Wash your hands before Smoking & Eating

### First Aid:

1. Ingestion – Do Not induce Vomiting unless told to do so by a doctor
2. Eyes – Irrigate with water for at least 15 to 20 minutes. If contact lenses are worn, remove after the first 5 minutes and continue rinsing eyes
3. Skin – Take off contaminated clothing. Rinse skin immediately with plenty of water for 15-20 minutes

If Irritation persists then consult a doctor.